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**PTIA Information** 

PTIA Executive Board
Cynthia D. Miller
President

Tasha McClain Vice President

Vallory Hills **Secretary** 

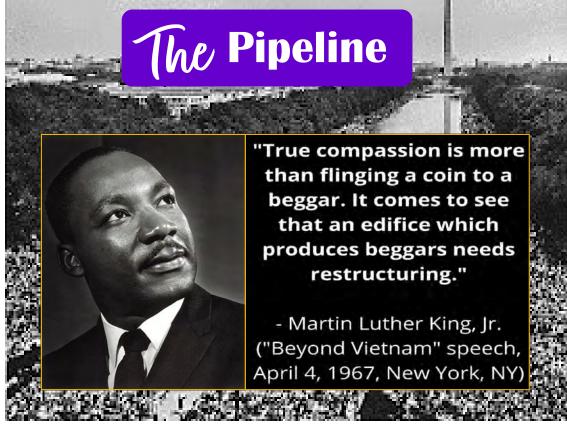
Linda Stokes Financial Secretary

Rose Cusic **Treasurer** 

Cherryl Montgomery **Zoom Coordinator** 

Eddie Young Parliamentarian

PTIA P. O. Box 874 Baker, LA 70704





# A Message From The President



Dear Residents,

Wishing you and your family a Happy New Year 2023! This new year has come with new expectations, and new opportunities.

The past year was challenging as I embarked upon a new endeavor...being elected as PTIA President. It was most rewarding because I have an Executive Board, Street Captains, Committee Members, Volunteers, and Residents who have gone above and beyond to make Parkwood Terrace a "Great Place to Live."

The Pipeline has added a new feature article: "Where Are They Now?" This section of the newsletter will focus on community children who were raised in Parkwood Terrace Subdivision. I am sure it will be enlightening and entertaining.

Over 50 years ago, Dr. Martin Luther King, Jr.'s words inspired our lives in so many ways. He was a man who stood by truth, justice, courage, and compassion.

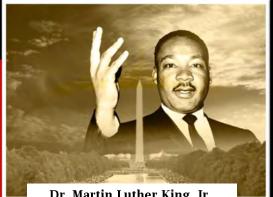
A new year inspires us to define new goals and become more compassionate. The well-being of the entire community is a priority. This year we will review and update our governing documents (i.e., Restrictions, Amendments, Bylaws, etc.). We will communicate more effectively by improving homeowner satisfaction (hearing from you and addressing your concerns). We will also work hard to create activities and events for you to be a part of this new year.

Even though there may be trying times ahead, let us remember the words of Dr. Martin Luther King Jr.,:

"If you can't fly, run; if you can't run, walk; if you can't walk, crawl; but whatever you do you have to keep moving."

 $\mathcal{T}_{he}$  Pipeline JAN | FEB | 2023

# **BLACK HISTORY MONTH**

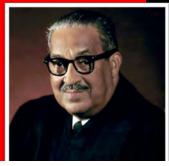


**Dr. Martin Luther King, Jr.**, fought for equal rights for Blacks during the 1950s and '60s.

Rev. Theodore Judson "T.J." Jemison was a civil rights leader and President of the National Baptist Convention. He was responsible for leading the Baton Rouge Bus Boycott in Louisiana in 1953, the first large-scale bus boycott protesting racial segregation in the South and advised Rev. Dr. Martin Luther King, Jr. on leading the Montgomery (Alabama) bus boycott two years later.



Rev. T.J. Jemison and Dr. Martin Luther King, Jr.



Thurgood Marshall was the first African-American Justice appointed to the United States Supreme Court in 1967 rights for Blacks during the 1950s and '60s.



**Barack Obama** was elected the first-ever African-American President of the United States in 2008. He was elected to a 2nd Term.





**Mae Jemison** became the first female African-American Astronaut to travel to space in 1992.





JALEN HURTS VS. PATRICK MAHOMES
SUPERBOWL LVII WAS THE
FIRST BETWEEN TWO BLACK
STARTING QUARTERBACKS IN NFL HISTORY!



Dr. Charles Vincent, a Retired Professor of History at Southern University-Baton Rouge for over 50 years, has written and spoken extensively on Reconstruction and Jim Crow history in southern Louisiana. He is the author of Black Legislators in Louisiana during Reconstruction and A Centennial History of Southern University and A&M College, 1880-1980, and co-author of Images of America: Scotlandville. Dr. Vincent has published in numerous professional journals and encyclopedias, presented lectures to a variety of organizations around the country, and served as President of the Louisiana Historical Association. He is also City Councilman for District #1 in Baker, LA.





# Where Are They Now?



# Keith A. Beauchamp Award-Winning Filmmaker

# High School Baker High School

College: Major

I attended Southern University-Baton Rouge in 1989, majoring in Criminal Justice. I did not graduate. I left during my sophomore year to work in film, thanks to my best friend Jason Geralds and his sister Yolande Geralds, both products of Parkwood Terrace.



From the Historical Drama: TILL (I to r) Producer/Co-Writer Michael Reilly, Producer Whoopi Goldberg, Producer, Barbara Broccoli, Producer, Fred Zollo and Producer/Co-Writer Keith A. Beauchamp

# **Current Profession**

I've worked in film for 29 years and have multiple titles, Director, Producer, Writer, Investigative Filmmaker, and Host.

# What inspired you to get into this profession?

Interestingly, I did not aspire to become a filmmaker, I like to believe that filmmaking found me. After making the decision that I would pursue the Emmett Till story as a project, meeting his mother, the late Mrs. Mamie Till Mobley, and producing my first film, the award-winning

documentary, "The Untold Story of Emmett Louis Till," it became obvious to me that I had the talent to tell stories. The Untold Story of Emmett Louis Till and my research into the lynching led to the reopening of the case in 2004.



Keith and Jalyn Hall " Emmett Till"

#### Role Model (s)

My parents Mr. and Mrs. Edgar Beauchamp, Emmett Till's Mother, Mrs. Mamie Till Mobley (who was my mentor for 8 years), and many sheroes and heroes who put their lives on the line during the Civil Rights Struggle in America.

## Fondest memories growing up in Parkwood Terrace

 Playing in a safe environment with childhood friends. From Basketball, Football, and riding

bikes, we were allowed to develop and grow into our own.

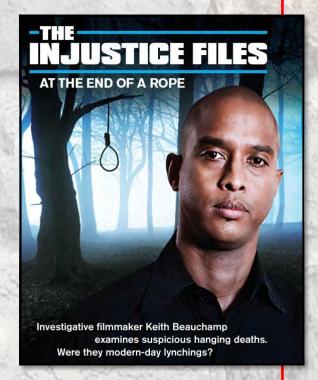
 Hearing the sounds of the Zoo, Cub Scout meetings, playing on the Greenwood Golf course, and purchasing dixie cups/frozen fruit cups from the Montgomery family also comes to mind.

## **Awards/Achievements**

- Two-time Emmy Nominee
- NAACP Image Award Nominee
- Freedom of Expression Award Winner, National Board of Review of Motion Pictures
- Silver Gavel Award Winner, American Bar Association
- Salute to Excellence Winner, National Black Journalist Association and numerous others.

#### For more information on Keith:

www.Tillmovie.com / www.Tillfreedomcome.com



# **Get Your Affairs in Order**

All too frequently a family member passes away or becomes disabled and no one has information regarding the location or nature of the assets.

To get your affairs in order means legally arranging your financial accounts, property, and your personal and medical information in such a way that family members and trusted people in your life can handle your estate and affairs with as little inconvenience as possible when you pass away or become incapacitated. This lack of knowledge often leads to assets never being found by the family, and they then revert to the state.

Make sure all bank accounts have direct beneficiaries. The beneficiary need only go to the bank with your death certificate and an ID of their own.

TOD – Transfer On Death deed if you own a home. Completing this document and filing it with the EBR Parish Clerk of Court saves your heirs THOUSANDS. This document allows you to transfer ownership of your home to your designee. All they need to do is take their ID and your death certificate to the EBR Parish Clerk of Court Office and the deed is signed over. Doing this will avoid your home having to go through probate.

**Living Will:** Allows one to put in writing exactly what you want done in the event you cannot speak for yourself when it comes to healthcare decisions as well as other final decisions.

**Durable Power of Attorney:** 

Allows one to designate a person to make legal decisions if one is no longer competent to do it.



Power of Attorney for Healthcare: This document allows one to designate someone to make healthcare decisions for their person.

# **Last Will and Testament:**

Designates to whom personal belongings will go to.

Funeral Planning Declaration: Allows one to say exactly one's wishes as far as disposition of the body and the services.

If the above documents are done, you can AVOID probate.

If all of the above is NOT done, you have to open an estate account at the bank. All money that doesn't have direct beneficiaries goes into this account. You have to have an attorney to open the estate account. The attorney also has to publicize your passing in the newspaper or post publication at the parish courthouse, to allow anyone to make a claim on your property.

# Other Steps to Take Make a list of all banks

and account numbers, all investment institutions
With account numbers,



lists of credit cards, utility accounts, etc. Leave clear instructions as how to and when These things are paid.

Make sure heirs knows where life insurance policies are located.

Make 100% sure SOMEONE knows your passwords: Bank ID, Account logins, and other passwords.

Make sure you have <u>titles for all vehicles</u> <u>and boats</u> (this includes RVs, campers, etc.)

Set up a trust for intended beneficiaries that are too young and appoint a trustee of said trust.



## **MOST IMPORTANTLY!!!**

Talk with those closest to you and make all your wishes KNOWN.

Talk to those whom you've designated, as well as those close to you whom you decisions were made and to avoid any lingering questions or hurt feelings.

Encourage all your family and friends to take care of these things to make it easier for those we all leave behind.

# February is American Heart Month

# TIPS FOR A HEALTHY

# 1. Stop smoking

Ouitting smoking is the best thing that can be done for the heart and for overall health.

# 2. Know your numbers

Maintaining a healthy weight, blood pressure and total cholesterol play a significant role in maintaining a healthy heart.

### 3. Screen for diabetes

Untreated diabetes can lead to heart disease, among many other complications. Diabetes can be easily detected



through a simple blood test and managed a variety of ways under the care of a physician.

# 4. Get active

Heart pumping physical activity not only



helps to prevent cardiovascular disease but can also improve overall mental and physical health. squeeze in activity when the time is short.

# 5. Build some muscle Strength training compliments cardiovascular

exercise by toning muscles and burning fat.



#### 6. Eat smart

A healthy diet full of heart-smart foods is essential to a healthy heart and lifestyle.

# 7. Limit junk

To reap the full benefits of a hearthealthy diet, it's important to limit intake of nutrient-poor junk foods.

#### 8. Stress less

Stress increases cortisol, which leads to weight gain, a key risk factor for heart disease. In addition, stress can lead to other unhealthy habits, making it harder to stick to a heart-healthy program.

### 9. Sleep more

Sleeping restores the body, helps decrease stress and increases overall happiness.



To reap the full benefits, clocking seven hours each night is key.

10. Smile



# **PTIA & Crime Prevention Meetings** Meetings Begin at 6:30 p.m.

Mar. 6, 2023 - Crime Prev. (Baker Library & Via Zoom)

April 3, 2023 - PTIA (Zoom) May 1, 2023 - PTIA (Zoom)

June 5, 2023 - Crime Prev. (Baker Library & Via Zoom)

## We want to hear from You

To inspire our readers and recognize your accomplishments (and/or that of your children and/ or grandchildren) we would like to feature your story in one of our upcoming newsletters.

> Please send a personal article, poem, or photos (optional) to:

**Bridget Riley** bariley15@gmail.com

#### **EFFECTIVE IMMEDIATELY** The Pipeline (Newsletter)

WILL BE A BI-MONTHLY E-NEWSLETTER **ISSUED TO ALL RESIDENTS** OF PARKWOOD TERRACE SUBDIVISION

**ONLY PTIA RESIDENTS THAT DO NOT HAVE** AN E-MAIL ADDRESS WILL BE ISSUED A PRINTED COPY

GIVE US A FAMILY MEMBERS' EMAIL **SO THAT FAMILY MEMBER CAN** PRINT OUT A NEWSLETTER FOR YOU

Thank You!

#### Residents!

Do you Own a Business? Advertise in The Pipeline...

Advertising Rates (Per Issue)
FOR
"The Pipeline" PTIA Newsletter
FOR PARKWOOD TERRACE
SUBDIVISION HOMEOWNERS ONLY

AD SIZES

Business Card: \$15 (2.25"H x 3.75"W)

1/4 page: \$25 (5"H x 3.75"W)

1/2 page: \$45 (5"H x 7.5"W)

Full page: \$75 (10"H x 7.5"W)

(Note: Sizes are approximate for this Guideline)

- All printed ads will be black/white. Ads may appear in color in the E-Newsletter.

Submit Ads To: ptia.baker@gmail.com with "Newsletter Ad" in the

Subject Line or give to Your Street Captain | Payment Options: Make Checks Payable to: PTIA, P.O. Box 874, Baker, LA 70704-0874 |

Format: JPEG ads preferred, but Word, Publisher, Power Point, Adobe, or PDFs accepted. For Disclaimer: Email <a href="mailto:ptia.baker@gmail.com">ptia.baker@gmail.com</a>